

**Process for the preparation of an edible dispersion  
comprising oil and structuring agent**

**Description**

5

**Field of the invention**

The present invention relates to a process for the preparation of an edible dispersion comprising oil and structuring agent, in particular to such dispersions comprising oil and structuring agent as continuous phase and a dispersed phase. The dispersed phase may be an aqueous liquid (thus forming a water-in-oil emulsion) or a solid particulate matter (thus forming a suspension). The invention further relates to the use of micronised fat powder to stabilise oil-containing dispersions.

**Background of the invention**

Edible dispersions comprising oil and structuring agent are well known. Examples of well-known products that substantially consist of such edible dispersions are water-in-oil emulsions, such as for instance margarines and spreads. These edible dispersions typically have an oil phase that is a blend of liquid oil and fat that is solid at normal ambient temperature (20°C). This solid fat, often also designated as hardstock, acts as structuring agent, and its function is to stabilise the dispersion. For a margarine or spread, ideally the structuring agent has such properties that it should have melted or dissolved at mouth temperature, otherwise the product has a heavy, waxy mouthfeel.

Other known dispersions comprising oil and structuring agent are disclosed in EP-A-775444 and WO 98/47386. Herein the dispersed phase is a dry particulate matter, such as e.g. flour, starch, salt, spices, herbs etc.

5

Generally, the edible dispersions comprising structuring agent are prepared according to prior art processes that encompass the following steps:

- 1) dispersion of the aqueous phase and/or the solid phase  
10 through the oil phase, at a temperature where the oil phase, including the structuring agent is liquid;
- 2) formation of a fat crystal network to stabilise the resulting dispersion and give the product some degree of firmness;
- 15 3) modification of the crystal network to produce the desired firmness and confer plasticity.

These steps are usually conducted in a process that involves apparatus that allow heating, cooling and  
20 mechanical working of the ingredients, such as the churn process or the votator process. The churn process and the votator process are described in Ullmanns Encyclopedia, Fifth Edition, Volume A 16 pages 156-158. Using these techniques excellent dispersions (spreads) having high  
25 emulsion stability and good melting properties in the mouth can be prepared.

However, a disadvantage of the known processes is that the process involves a heating step and a cooling step and  
30 therefore requires a lot of energy. In a dispersion with for instance 4 wt.% structuring agent the whole weight of the dispersion (100 wt.%) needs to be heated and cooled.

Another disadvantage of the known processes is that the choice of fats that can practically be used as structuring agent is rather limited. If the melting point of the  
5 structuring agent is too high the melting properties in the mouth are unsatisfactory. If on the other hand, the melting point is too low, the emulsion stability will be negatively affected. Moreover the amount of saturated fatty acids in the structuring agent is usually relatively high. Saturated  
10 fatty acids are a known risk factor for cardiovascular health.

Further disadvantage of the known processes is that the product may deteriorate due to the changes in temperature  
15 caused by the heating and cooling step and that heat-sensitive ingredients cannot be incorporated.

Powdered fat is well known in the prior art. It may be prepared according to various processes, known in the art.  
20 Micronised fat is also known in the prior art. EP-B-744992 describes the preparation of micronised fat particles by dissolution of gas (carbondioxide) in the fat under pressure and decompressing the mixture in such way that the temperature falls below the solidification point of the  
25 fat, so that micronised particles are formed.

EP-A-1238589 describes a method for forming a food product, which contains an emulsion in which the food product in liquid form is contacted with a cryogen so as to cool the  
30 liquid product and effect a rapid conversion of the liquid to a solid. A disadvantage of this known process is that

still the whole emulsion has to be heated above the melting point of the structuring agent.

#### Summary of the invention

5 It is therefore an object of the invention to provide a process that requires less energy for the preparation of a dispersion comprising the structuring agent. Another object is to provide such a process that allows the use of more types of structuring agent, especially more sorts of  
10 hardstock. A further object of the invention is a reduction of the amount of saturated fatty acids in the hardstock. Still a further object of the invention is to provide a process for the preparation of a dispersion that allows the incorporation of heat-sensitive ingredients and/or that  
15 avoids deterioration of the emulsion.

One or more of these objects is attained according to the invention that provides a process for the preparation of an edible dispersion comprising oil and structuring agent and  
20 one or more of an aqueous phase and/or a solid phase, in which the dispersion is formed by mixing oil, solid structuring agent particles and the aqueous phase and/or the solid phase, wherein the solid structuring agent particles have a microporous structure of submicron size  
25 particles. Preferably, the solid structuring agent particles are at least 50% alpha-polymorph.

According to the invention the heating and cooling step of the emulsion ingredients that is needed in the prior art processes may be omitted or reduced and a stable dispersion  
30 can be made.

Preferably, the solid structuring agent particles are at 50% or more alpha-polymorph, more preferably 70% or more alpha-polymorph and most preferably 90% or more alpha-polymorph.

5

#### **Detailed description of the invention**

The invention relates to a process for the preparation of a dispersion. A dispersion is herein defined as a system in which two or more phases that are insoluble or only  
10 slightly soluble are distributed in one another.

The dispersion may be an emulsion, a suspension or foam or any combination thereof, it may be oil continuous, water continuous or bi-continuous. Preferably the dispersion is  
15 oil continuous, more preferably an oil continuous emulsion or oil continuous suspension.

Where a solid phase is present in the dispersion according to the invention, it is preferably a solid phase of dry  
20 particulate matter.

Where an aqueous phase is present in the dispersion according to the invention, it is preferably a dispersed aqueous phase.

25

According to the invention, the dispersion is formed by mixing oil, the solid structuring agent particles and the other phase or phases of the dispersion, such as for example an aqueous phase, a solid phase and/or a gas phase.  
30 The mixing of the ingredients may be done in any order, i.e. the ingredients/phases may all be mixed in one mixing step or alternatively the mixing may be executed in more

than one step. For instance an oil phase with the structuring agent particles may be mixed and a water phase may be prepared separately and later mixed with the oil phase.

5

According to the invention, the solid structuring agent particles should have a microporous structure of submicron size particles. An example of a microporous structure according to the invention is shown in figures 6 and 7  
10 hereafter. The submicron particles typically have the shape as shown in figure 7, and consist of platelets with submicron dimensions. The thickness of the platelets should be submicron, preferably the thickness is on average 0.01-0.5  $\mu\text{m}$ , more preferably 0.03-0.2  $\mu\text{m}$ , even more preferably  
15 0,06-0.12  $\mu\text{m}$ .

Equivalent good results were obtained for a microporous structure of more bubble-like shape, such as shown in  
20 figure 10, hereafter. In such microporous structure the wall thickness of the bubbles should be submicron, for instance on average 0.01-0.5  $\mu\text{m}$ , more preferably 0.03-0.2  $\mu\text{m}$ , even more preferably 0,06-0.12  $\mu\text{m}$ .

25

The microporous structure, may, in the course of the preparation of the dispersion, for instance through the force of a mixer, be broken into submicron particles. The resulting submicron particles will form the structuring  
30 network of the dispersion.

Preferably, the structuring agent is edible fat. Edible fats consist predominantly of triglycerides. Typically such



edible fats suitable as structuring agent are mixtures of triglycerides, some of which have a melting point higher than room or ambient temperature and therefore contain solids in the form of crystals.

5

The solid fat structuring agent, also denoted as hardstock or hardstock fat, serves to structure the fat phase and helps to stabilise the dispersion.

10 For imparting to common margarine a semi-solid, plastic, spreadable consistency this stabilising and structuring functionality plays an important role. The crystals of the solid fat form a network throughout the liquid oil resulting into a structured fat phase. The aqueous phase  
15 droplets are fixed within the spaces of the lattice of solid fat crystals. In this way coalescence of the droplets and separation of the heavier aqueous phase from the fat phase is prevented.

20 Generally, fats with a high content of HUH triglycerides show good structuring properties. H denotes a C16-C24 saturated fatty acid residue, such as palmitic acid (C16) or stearic acid (C18) and U denotes an unsaturated C18 fatty acid residue, such as oleic acid (C18:1) or linoleic  
25 acid (C18:2). Examples of suitable edible fat structuring agents (hardstock fats) are palm oil partially hydrogenated to a melting point of 44°C or an interesterified mixture of palm oil and a lauric fat.

30 Further common ingredients of the fat phase are emulsifiers, such as monoglycerides and lecithin, colouring agents and flavours.

The structuring agent should be added to the dispersion in the form of solid structuring agent particles. Preferably the solid structuring agent particles should have an alpha-5 polymorph.

The following nomenclature of the polymorphic forms of the structuring agent is used herein:

10 1.  $\alpha$ -polymorph (alpha polymorph): a form that gives only one short-spacing line in the X-ray diffraction pattern near 4.15 Å.

2.  $\beta'$ -polymorph (beta-prime polymorph): a form that gives  
15 two short spacing lines near 3.80 Å and 4.20 Å in the X-ray diffraction pattern and also shows a doublet in the 720  $\text{cm}^{-1}$  in the infrared absorption spectrum

3.  $\beta$ -polymorph (beta polymorph): a form that does not  
20 satisfy criteria 1. or 2.

See for an explanation of polymorphism and the above definition: Gunstone, F.D.; Harwood, J.L.; Padley, F.B.; The Lipid Handbook, second edition, Chapman and Hall, page  
25 405.

The solid structuring agent particles preferably have an average particle size ( $D_{3,2}$ ) of 60 micrometer or less, more preferably the solid structuring agent particles have an  
30 average particle size of 30 micrometer or less. The average particle size ( $D_{3,2}$ ) is determined as indicated in the examples.



Preferably the solid structuring agent particles are prepared using a micronisation process. In the micronisation process the solid structuring agent particles  
5 are prepared by preparing a homogeneous mixture of structuring agent and liquified gas or supercritical gas at a pressure of 5-40 MPa and expanding the mixture through an orifice, under such conditions that a spray jet is applied in which the structuring agent is solidified and  
10 micronised. The liquified gas or supercritical gas may be any gas that may be used in the preparation of food products, for example carbondioxide, propane, ethane, xenon or other noble gases. Carbondioxide and propane are preferred. Carbondioxide is most preferred. Advantages of  
15 carbondioxide are that it has a mild (31°C) critical temperature, it is non-flammable, nontoxic, environmentally friendly and it may be obtained from existing industrial processes without further contribution to the greenhouse effect. It is fairly miscible with oil and is readily  
20 recovered owing to its high volatility at ambient conditions. Finally liquid CO<sub>2</sub> is the second least expensive solvent after water.

The temperature of the mixture of structuring agent and  
25 liquified gas or supercritical gas is preferably such that the mixture forms a homogeneous mixture. Advantageously, the temperature of the mixture of structuring agent and liquified gas or supercritical gas is below the slip melting point of the structuring agent at atmospheric  
30 pressure and above the temperature at which phase separation of the mixture occurs. Under such conditions the smallest micronised particles may be obtained.

The pressure and temperature of the mixture of structuring agent and liquified or supercritical gas is preferably such that a large amount of the gas may be dissolved in the structuring agent. The amount dissolved will be determined by the phase diagram of the mixture of structuring agent and liquified or supercritical gas. At higher pressures as well as at lower temperatures more gas will dissolve in the structuring agent.

10

Preferably the temperature and pressure are chosen such that 10 wt.% or more, more preferably 20 wt.% or more or most preferably 30 wt.% or more of gas is dissolved in the liquid phase. The mixture of structuring agent and liquified or supercritical gas may contain additional substances, such as for instance oil. We have found that the addition of oil may reduce sintering of the micronised particles of the structuring agent.

20 The mixture containing structuring agent and liquified or supercritical gas is depressurised over a small orifice or nozzle, to break up the mixture into small droplets. The break-up of the mixture into droplets can be assisted e.g. by internals inside the nozzle before the orifice to generate a whirl, or by passing a gas at a high flow rate near the orifice.

The mixture is depressurised into a volume where the pressure is higher than, equal to or lower than atmospheric pressure.

We have found that sintering, agglomeration and ripening of micronised particles of the structuring agent will lead to

a reduced performance of the particles for structuring the dispersion.

To avoid sintering, agglomeration and/or ripening of the micronised particles, preferably a gas jet is applied in addition to the flow of the spray jet. The additional gas jet is most effective when the gas jet is positioned such that recirculation of material expanded through the orifice is reduced or avoided. Especially advantageous is a position wherein the gas from the gas jet flows essentially tangentially to the flow direction of the spray jet. Most advantageously the gas inlet for the gas jet is positioned behind the exit of the nozzle, see figure 2. Figure 2 shows that the additional gas inlet (1) behind the exit of the nozzle (2) creates a gas flow (3) tangentially to the flow of the spray jet (4).

To further avoid agglomeration and ripening, the spray jet is preferably sprayed into a collection chamber, and a flow of gas having a temperature lower than the slip melting point of the structuring agent is fed into the collection chamber.

Preferably the edible dispersion according to the invention is a water and oil containing emulsion, optionally including a solid phase. The emulsions are preferably oil continuous. Examples of suitable emulsions are table spreads, dressings, soups, sauces, shortenings, cooking oils, frying oils, whipping creams and mayonnaises.

30

A stable dispersion is herein defined as dispersion that shows an oil exudation of less than 5% after storage for 15

weeks at 15°C, measured according to the method described in the examples.

A further preferred edible dispersion according to the invention is a dispersion of a solid matter, preferably a dry particulate matter, dispersed in a continuous phase of oil and structuring agent. Preferred material for the dry particulate matter is one or more of flour, starch, salt, herbs (e.g. dried herbs), spices and mixtures thereof.

10 Preferably in such dispersions, the amount of solid matter is 30-75 wt.%, more preferably 40-65 wt.% based on total weight of the dispersion.

The amount of structuring agent should be such that a suitably stable dispersion is obtained. When the structuring agent is micronised fat, the amount is preferably 1-20 wt.%, more preferably 4-12 wt.% based on total weight of the dispersion.

## 20 Description of the figures

Figure 1: Schematic view of the micronisation apparatus used in the examples

25 Figure 2: Schematic view of the nozzle configuration with gas inlet for tangential gas-flow.

Figure 3: SEM Photograph of micronised fat powder prepared in example 1 (magnification 250x)

Figure 4: SEM Photograph of micronised fat powder  
prepared in comparative experiment A  
(magnification 250x)

5 Figure 5: SEM Photograph of micronised fat powder  
prepared in comparative experiment B  
(magnification 250x)

10 Figure 6: SEM Photograph of micronised fat powder  
prepared in example 1 (magnification 1000x)

Figure 7: Enlarged SEM photograph of the micronised  
fat powder of example 1

15 Figure 8: Enlarged SEM photograph of the micronised  
fat powder of example 8

20 Figure 9: Enlarged SEM photograph of the micronised  
fat powder of example 9

Figure 10 Enlarged SEM photograph of the micronised  
fat powder of example 10

25

**Examples**

## General

### Method to determine slip melting point

The slip melting point of structuring agent is determined  
5 in accordance with F. Gunstone et al, The Lipid Handbook,  
second edition, Chapman and Hall, 1995, page 321, Point  
6.2.3, Slip point.

### Method to determine $D_{3,2}$ of the particle size distribution 10 of micronised fat particles

Low-angle laser light scattering (LALLS, Helos Sympatic)  
was used to measure the average particle size ( $D_{3,2}$ ). The  
fat particles were suspended in water in a quixel flow  
15 cuvette with an obscuration factor of 10-20%. The  
diffraction pattern was measured at 632.8 nm with a lens  
focus of 100 mm and a measurement range of 0.5-175  $\mu\text{m}$ .  
Calculations were bases on the Fraunhofer theory.

20 A full description of the principle of LALLS is given in  
ISO 13320-1.

### Method to determine $D_{3,3}$ of water droplet size distribution in an emulsion

25 The water droplet size was measured using a well-known low  
resolution NMR measurement method. Reference is made to Van  
den Enden, J.C., Waddington, D., Van Aalst, H., Van  
Kralingen, C.G., and Packer, K.J., Journal of Colloid and  
Interface Science 140 (1990) p. 105.



Method to determine oil exudation

Oil exudation is determined by measuring the height of the free oil layer that appears on top of the product. This free oil layer is considered a product defect. In order to measure oil exudation, the product is filled into a scaled glass cylinder of 50 ml. The filling height is 185 mm. The filled cylinder is stored in a cabinet at constant temperature (15°C). Height measurements are executed every week, by measuring the height of the exuded oil layer in mm with a ruler. Oil exudation is expressed as the height of the exuded oil layer divided by the original filling height and expressed in %. Shaking of the cylinders should be avoided.

Method to determine pourability

Pourability for pourable compositions according to the invention is measured according to the standard Bostwick protocol. The Bostwick equipment consists of a 125 ml reservoir provided with a outlet near the bottom of a horizontally placed rectangular tub and closed with a vertical barrier. The tub's bottom is provided with a 25 cm measuring scale, extending from the outlet of the reservoir. When equipment and sample both have a temperature of 15°C, the reservoir is filled halfway with 62.5 ml of the sample after it has been shaken by hand ten times up and down. When the closure of the reservoir is removed the sample flows from the reservoir and spreads over the tub bottom. The path length of the flow is measured after 15 seconds. The value, expressed as cm per 15 seconds is the Bostwick rating, which is used as yardstick for pourability.

**Example 1***Fat micronisation*

5

A set-up was constructed to dissolve carbon dioxide in the melt and expand the mixture over a nozzle to atmospheric pressure. The micronised product was collected in a drum (6) of 250 liters. The set-up is illustrated in figure 1.

10

*Autoclave* The equipment consists of a 1-liter autoclave (2) equipped with a mechanical stirrer (6-blade turbine impeller), a water jacket for heating and a Pt-100 resistance thermometer. The inner diameter of the autoclave is 76 mm. The autoclave has connections at the top and at the bottom.

15

*Tubing* The bottom connection of the vessel was used to pressurise the system with carbon dioxide or to lead the mixture to the nozzle. A 3-way valve (12) is used to switch between CO<sub>2</sub> supply (1) and nozzle (3). To expel the mixture from the vessel the CO<sub>2</sub> is supplied to the top of the autoclave via valve (11). The length of tube between the bottom connection and the nozzle (3) is approximately 30 cm. All tubing has an outer diameter of 1/4" (inner diameter approximately 1/8") and is equipped with electrical tracing. Additional gas, N<sub>2</sub> or He, can be supplied through (10) to maintain a

20

25

30

constant pressure inside the autoclave during the expansion over the nozzle

#### *Nozzle*

5 The nozzle (3) can be designed with different orifice diameters (opening outlet) and cores (construction of the supply to the orifice). For this work nozzles were used with an orifice of 0.34 mm and standard core. The nozzle was heated by electrical tracing and  
10 its temperature was registered by a thermocouple Pt-100.

#### *Collection*

15 The nozzle was mounted to a Perspex tube (7) of 30 cm diameter and 20 cm length to allow observation of the jet during expansion. This transparent Perspex tube (7) with the nozzle (3) was mounted on top of an oil-drum (6) (250 liters) with a removable lid, which served as the collection chamber. The lid of  
20 the drum has an outlet (8) to allow the expanded CO<sub>2</sub> to escape. A separator (9) retains the solid particles in the collection chamber. An additional gas jet (CO<sub>2</sub>) may be supplied through nozzle (4) connected to a gas  
25 supply (CO<sub>2</sub> bottle) (5).

#### *Loading*

30 The equipment was heated to the required temperature. Approximately 300 grams of fat (RP70, rapeseed oil hardened to a slip melting point of 70° C) was completely melted and heated to 20 degrees above its melting point and charged into the autoclave.

*Equilibrium* The autoclave was pressurised in about 10 minutes through the bottom connection. During pressurisation the CO<sub>2</sub> supply to the top was closed. After reaching the final pressure the top valve was opened and the 3-way valve was closed. The melt was allowed to absorb CO<sub>2</sub> and equilibrate for 30 minutes, while stirring the mixture and supplying additional CO<sub>2</sub>. The equilibrium pressure in the autoclave was 15 MPa and the temperature in the autoclave was 60°C.

*Expansion* To expand the melt the stirrer was stopped and the supply of additional gas to the collection chamber was turned on. Next the 3-way valve was switched to supply the mixture to the nozzle. During expansion of the mixture in example 1 the pressure in the autoclave was maintained by the CO<sub>2</sub> supply. In examples 2 and 3 the pressure in the autoclave was increased to and maintained at 15 MPa by supplying He to the top of the vessel, after first equilibrating with CO<sub>2</sub>.

A micronised fat powder that was obtained which was a very fine and dry solid powder. The powder was 100% alpha-polymorph. In the X-ray diffractogramme, peaks for the  $\beta'$  and  $\beta$ -polymorph were totally absent. The micronised fat powder was stored at 5°C. When stored at

5°C the micronised fat powder stayed 100%  
alpha-polymorph during more than one month.

The micronisation parameters are given in table 2.

5

*Preparation of an edible water-in-oil emulsion*

A pourable margarine was prepared with the composition  
shown in table 1:

10

Table 1: Composition of pourable margarine

Ingredient	Amount (wt.%)
<i>Oil phase</i>	
Sunflower oil	79.62
Micronised Rp 70 powder	1.95
Lecithin Bolec MT <sup>1</sup>	0.18
Fractionated lecithin Cetiol <sup>2</sup>	0.10
Beta-carotene (0.4wt.% solution in sunflower oil)	0.15
<i>Water phase</i>	
Water	16.5
Sodium chloride	1.5

Explanation of table 1:

15 The balance of all composition to 100% is water

RP 70 : Rapeseed oil hardened to a slip melting point of  
70 °C.

- 1: Lecithin was hydrolysed soybean lecithin (Bolec MT) obtained from UMZ (Unimills Zwijndrecht, Netherlands)  
2: Alcohol-soluble fraction from fractionation of native soybean lecithin with alcohol; Cetinol from UMZ.

5

The water phase was prepared by adding salt to distilled water and adjusting the pH of distilled water from 7.7 to 4.0 using 5 wt.% citric acid, and heated for 5 minutes in a bath of 60°C to dissolve the solids. The oil phase was  
10 prepared by dissolving the emulsifier ingredients and  $\beta$ -carotene in the total amount of sunflower oil at 15°C. Subsequently the micronised fat powder was added to the oil phase carefully using a spatula and the oil phase was mixed with a Turrax at 22000 rotations per minute (rpm) for 6  
15 minutes. Then the water phase was added to the oil phase and the resulting mixture was mixed with a Turrax for 5 minutes at 23500 rpm in a water bath at having a temperature of 15°C.

20 The temperature of the mixture in the Turrax increased due to the viscous dissipation. However during the whole experiment the temperature was kept below 20°C The Turrax (type T50) was delivered by Janke & Kunkel IKA Labortechnik. This type of Turrax is designed to minimise  
25 air entrainment.

The emulsion was partly poured into a glass cylinder and partly into a twist off pot of 100 ml and both were containers were stored in a cabinet at 15°C.

30

### Results



The prepared emulsions were tested in accordance with the test methods described herein and the results of the tests are given in table 3. A SEM photograph of the micronised fat powder of example 1 (magnification 250 times) is given 5 in figure 3, with magnification of 1000 times in figure 6, and with magnification of 2000 times in figure 7.

#### **Comparative experiment A**

10 Comparative experiment A was conducted as example 1, however the fat micronisation step was modified in that the equilibrium pressure in the autoclave was 5 MPa instead of 15 MPa. Before and during depressurisation over the nozzle the mixture in the autoclave was pressurised with Helium to 15 15 MPa.

The results are shown in table 3. A SEM-photograph of the micronised fat powder is given in figure 4.

#### **20 Comparative experiment B**

Comparative experiment B was conducted as example 1, however the fat micronisation step was modified in that the equilibrium pressure in the autoclave was 10 MPa instead of 25 15 MPa. Before and during depressurisation over the nozzle the mixture in the autoclave was pressurised with Helium to 15 MPa.

The results are shown in table 2. A SEM-photograph of the 30 micronised fat powder is given in figure 5.

All powders of example 1 and comparative experiments A and B showed the presence of 100% alpha-polymorph material. The micronised powder according to example 1 has a low particle size (see table 2) and has a microporous structure of submicron size particles, as is shown in figure 6. In contrast the powders of comparative experiments A and B have a higher particle size and a structure in which submicron size particles are not apparent.

10

Table 2: Micronisation parameters of example 1 and comparative experiments A and B

Example	Equilibrium Pressure (MPa)	Temperature (°C)	Amount of CO <sub>2</sub> dissolved (wt.%)	D <sub>3,2</sub> (µm)
1	150	60	19	39
A	50	70	7	72
B	100	60	16	75

Table 3: Oil exudation (%) of the emulsions of example 1 and comparative experiments A and B as function of the storage time at 15°C.

5

Storage time	Example 1	Comp. Ex. A	Comp. Ex. B
1 day			35.1
2 days			40.5
3 days	0		48.6
1 week	0	1.1	59.5
2 weeks	0	16.2	59.5
3 weeks	0	18.9	62.2
4 weeks			62.2
5 weeks			
6 weeks			
7 weeks	0.5	18.9	
8 weeks			
9 weeks			64.9
10 weeks			
11 weeks	0.5	18.9	
12 weeks			
14 weeks			64.9
15 weeks	0.5		
16 weeks		21.6	

The results show that the emulsion according to example 1 shows a very low oil exudation, which whereas those of comparative experiments A and B have a high oil exudation 10 and therefore the emulsions are not stable.

**Examples 2-4**

5 Example 1 was repeated, but now instead of fat a mixture of fat and sunflower oil was micronised. The composition of the mixture of fat and oil is shown in table 3. In the preparation of the emulsion a Turrax speed of 8000 rpm was used and the Turrax time was 4 minutes.

10

Table 4: Micronisation parameters and emulsion properties of examples 2-4

Example	Fraction sunflower oil (wt.%)	Texture of micronised product	Bostwick (cm)	D <sub>(3,3)</sub> (µm)
2	22	Fine dry powder	14	4.36
3	50	Slightly granular somewhat sticky powder	14.6	3.06
4	75	Ointment like structure	10	-

15

All micronised products of examples 2-4 showed the presence of alpha-polymorph material in an amount of 100% and comprised submicron size particles. '-' means not

determined. Table 5: Oil exudation (%) of the emulsions of examples 2 to 4 as function of the storage time at 15°C.

Storage time	Example 2	Example 3	Example 4
1 day	5	0	0
4 days	18	0	0
5 days	40	0	0
1 week	45	0	0
2 weeks	52	0.5	0
3 weeks	52	0.5	0
4 weeks	52	1	0
6 weeks	52	1.5	0
8 weeks	55	2	0
10 weeks	55	2	0
12 weeks	55	2	0
14 weeks	55	2	0.5
16 weeks	55	2	0.5

5

Examples 2-4 show that the addition of oil to the structuring agent prior to micronisation leads to a reduction in oil exudation of the emulsion prepared using the micronised structuring agent. The micronised mixtures have a different appearance depending on the amount of oil added.

#### Example 5

15 Micronised fat was prepared according to example 1, fat micronisation using instead as fat rapeseed oil hardened to a slip melting point of 68°C.

A dispersion of solid matter in a fat phase was prepared by first preparing a mixture of 4.6 parts (all parts are weight parts) micronised fat in 4.6 parts sunflower oil and 5 stirring the mixture for 3 minutes at about 18°C under vacuum. The obtained mixture was added to 49 parts sunflower oil and mixed under vacuum at about 18°C for 1 minute.

10 To this mixture was added 41.2 parts flour and 0.6 parts parsley flakes (dried) and the resulting mixture was stirred under vacuum at about 18°C for 1 minute, 30 seconds. The resulting dispersion was stable for more than one month at room temperature without substantial oil  
15 exudation.

#### Example 6

A dispersion was prepared with the following composition  
20 (wt.% on final product):

Flour	49%
Dried herb pieces	1%
Sunflower oil	45%
25 Micronised fat powder (see example 5)	5%

The product was prepared by mixing all ingredients at room temperature using an ultraturrax mixing equipment. The product showed no oil exudation for one month.



**Example 7**

A dispersion was prepared similar to that of example 6, however using 47.5 wt.% sunflower oil and 2.5 wt.% 5 micronised fat prepared in example 1. The processing was the same. When stored at 5°C for one month, the product showed minimal oil exudation.

**Examples 8 to 10**

10

Example 1 was repeated, however instead of Rp70, SF69 (sunflower oil hardened to a slip melting point of 69°C) was micronised and used as hardstock in the preparation of the emulsion.

15

To investigate how Ta (Equilibrium autoclave temperature) influences the morphology of the powders after micronisation, three different experiments were performed at Ta = Tm - 10 °C (Example 8), Ta = Tm - 5 °C (Example 9) and 20 Ta = Tm (Example 10) respectively, with P = 180 bar, in which Tm is the melting point of the hardstock, for Rp69 in these example 69°C.

Xray diffraction showed that all micronised powders are in 25 the  $\alpha$  polymorph. SEM analysis shows no real differences in morphology within the chosen range of temperatures, although for Tm - 10 °C (59 °C) and Tm - 5 °C (64 °C) the morphology seems to be a little more brittle than for Tm (69 °C).

30

*Model emulsions*

Model emulsions were prepared using standard conditions and stored at 15 °C and 25 °C. In table 6, a summary of the measured oil exudation (O.E.) and Bostwick values (BW) as function of storage time is given.

5

Table 6: Results of Examples 8-10, Oil exudation (O.E. [%]) and Bostwick values (BW [cm]) as function of storage time and temperature

Example	Tm [°C]	P [MPa]	Bostwick value [cm]			
			Start	2wks	5wks	9wks
8	59	18	10	10	10	9
9	64	18	12	11	11	10
10	69	18	10	9	10	10
	O.E. at 15 °C			O.E. at 25 °C		
	2wks	5wks	9wks	2wks	5wks	9wks
8	0	0	0	0.8	1.1	1.5
9	0	0	0	0	1.1	1.5
10	0	0	0	1.5	3.8	5.3

10

Results show that at Tm of 59 °C and 64 °C, good O.E. and BW values after 9 weeks were achieved. At Tm=69 °C the oil exudation at 25° C is less favourable.

15

Enlarged SEM photographs (5000 x magnification) of the micronised powders of examples 8, 9 and 10 are shown in figures 8, 9 and 10 respectively.